

Tips for Staying Sharp on your Next Hunting Trip

Hunting is certainly a taxing, physical activity, and it takes stamina to be successful.

But what about the mental side of hunting? That is just as important, because it takes quick thinking and decision-making to make snap judgments when your target comes into view.

A [post](#) in Outdoor Life magazine offers some tips for staying sharp on your next hunting trip. And while some of the tips may seem obvious – get enough rest, plan ahead, know your equipment – there are less-obvious things that can be helpful.

Three examples:

1. Don't try to remember everything; use a notepad to jot down the critical information you will need on your trip.
2. Don't fiddle with your equipment when you don't need to.
3. And, consider taking well-timed naps to make up for those early mornings.

Another thing that can help is having your own property to hunt. Talk to a member of the [PotlatchDeltic Preferred Network](#) and have them help you find your perfect hunting spot.

